

Turning the Power of One into the Power of Many Substance Abuse Program

About the Program Consultant: Dr. Stephen Sroka and Florencio A. Bueno

Dr. Sroka is an Honor consultant for "T4T Educational Services, LLC". He is an Adjunct Assistant Professor, School of Medicine, Case Western Reserve University. He has worked in schools worldwide for over 30 years delivering cutting edge information. Dr. Stephen Sroka is an internationally recognized speaker, trainer, author, teacher and educational consultant. He is an Adjunct Assistant Professor, School of Medicine, Case Western Reserve University, and President of his company, Health Education Consultants. .

About the program:

Turning Power of One into the Power of Many is:

- A school prevention/intervention program, culturally sensitive, tailored to the middle and high school audience.
- A research-based programs that educate, motivate and inspire.
- A proactive interactive program
- An proposal that includes well-run methods including brain-based learning, life-skills, social emotional-learning, storytelling, media literacy, school climate, resiliency and youth and asset development.
- An Inspiring program based on real-life stories to facilitate learning about the whole person and the mental, emotional, social, spiritual and physical health needs and issues, such as sex, drugs (marijuana, opiates and heroin), and violence (bullying and suicide) prevention.

Goal: Work by changing modifiable risk and protective factors, helping teach life skills and increase academic achievement, sense of help one another, and believing in one, to change schools, communities and lives.

Thematic Plan:

1. The "POWER of ONE and the POWER of MANY" Overview.
2. Doing the Right Thing, Right Now! It is possible?
3. Risk Factor. Teenagers and factors of risk (Early aggression; academic failure; School dropout, etc)
4. Protective Factors. Protecting myself, my family, my school.
5. The New Rx for Education: Relationships
6. Working together. Thinking on a plan. Enhancing family bonding and relationship.
7. Improving my skills (Self-control; Emotional awareness; Communication; Social problem-solving; Academic support Math and Reading)
8. Keeping Kids Safe and Healthy in a Toxic Society
9. Using Brain-Based Learning Strategies to Reach, Teach and Protect the Whole Student
10. Getting to the Heart of Education-Listening to the Whole At-Risk Student
11. Stop the Violence - Pump up the Peace!
12. Lessons You May Not Get a Second Chance to Learn.
13. The POWER of ONE and the POWER of MANY - Doing the Right Thing, Right Now! Success Histories.

Methodology:

- Cutting-edge research. Practical strategies.
- Brain storming
- Online interaction (virtual forum, fb group), Incident process.
- Individual and group project.
- Teaching to T (an innovative, interactive, and inspirational technique to help develop the skills to build relationships, partnerships and leadership. This strategy has been successfully used for student and staff trainings at the local, state, national, and international levels as well as for community and business organizations. It has been used successfully with the most reluctant learners and in areas with students with high dropout rates, as well as with in-services for the highest-level administrators of state departments of education and health.)
- Multimedia, didactic, behavioral approach which appeals to multiple (including emotional) intelligences.

Activities:

15 sessions for Fall/Spring including teamwork sessions, presentation, video debate.

Online/virtual forum

Project initiation

Project presentation

Spring School Conference "The Power of One and the Power of Many".

Field Trip.